

B.M.H CAFÉ

170 LAFAYETTE STREET
SCHENECTADY, NEW YORK

377-6355

Please phone in Lunch Takeout Orders
before 10:30 AM and specify pickup time
(25¢ charge on takeout dinners)

HOME STYLE COOKING

SERVING BREAKFAST 7:30 AM - 10:30 AM

AND LUNCH 11:30 AM - 3:00 PM

MONDAY THRU FRIDAY

SATURDAY (breakfast only)

7:30 AM - 1:00 PM

BREAKFAST

2 Eggs and Toast	1.75
2 Eggs, Toast and Home Fries	2.25
w/bacon	3.75
w/sausage or ham	3.75
Western Egg Sandwich	3.25
Fried Egg Sandwich	1.75
w/ bacon, ham or sausage	2.75
cheese add .30 on hard roll add .40	

Omelets

Mushroom and Cheese	4.25
Broccoli and Cheese	4.25
Ham and Cheese	4.25
Bacon and Cheese	4.25

(all omelets served w/homefries and toast)

Pancakes	2.95
w/ bacon, ham or sausage	4.25

French Toast	2.95
w/ bacon, ham or sausage	4.25

Corned Beef Hash w/2 eggs, homefries and toast	3.95
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Cereal	1.25
w/banana	1.95

SIDE ORDERS

Toast95
English Muffin85
Toasted Hard Roll85
Bagel95
Bagel w/Cream Cheese	2.25
Homefries	1.75
Bacon, Ham or Sausage	2.25

BEVERAGES

Soda Can	1.25
Coffee or Tea85
to go90
Iced Tea	1.15
Hot Chocolate	1.00
Juice (Orange, Cranberry) medium .95 large 1.25	
Milk	medium .95 large 1.25

SANDWICHES

(all sandwiches served with
homemade salad or fruit)

Fresh Chicken Salad (all white meat) .	3.75
Roast Turkey Breast (oven roasted)	3.95
Baked Ham	3.95
w/cheese	4.25
Roast Beef (oven roasted)	3.95
Tuna Salad	3.25
Egg Salad	2.95
Bacon, Lettuce and Tomato	3.95
Corned Beef	3.95
Crabmeat Salad	3.25
Grilled Reuben	4.95

above items can be made as
Club Sandwich for additional 1.50
tomato (on request) add .30

Hamburger (freshly made)	2.95
Cheeseburger	3.25
Bacon Cheeseburger	3.95
Bacon Swissburger	4.25
Big Cheeseburger	

with fries and onion rings

5.45	
Hamburger Deluxe w/french	
fries, lettuce & tomato	4.25
Cheeseburger Deluxe w/french	
fries, lettuce & tomato	4.75
Grilled Cheese	2.95
w/tomato	3.45
w/bacon	4.25
Roast Beef Melt	4.45
Grilled Ham & Cheese	4.25
Turkey Melt	4.95
Tuna Melt	3.95

Fried Flounder w/ french fries	
(Friday Only)	4.95
Grilled Crabmeat Salad	
w/Monterey Jack cheese	
& tomato on rye	4.95

SIDE ORDERS

French Fries	1.95
Onion Rings	2.75
6 Mozzarella Sticks	3.25

COLD PLATES

Tuna Salad	3.95
Egg Salad	3.45
Shrimp Salad	5.25
Chicken Salad	4.95
Crabmeat Salad	4.25

(served on a bed of lettuce with
tomato, hard boiled egg, peppers and
onion, and potato or macaroni salad.)

Italian Antipasto	4.95
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(summer only)

Trio Seafood Plate

tuna, shrimp and crabmeat salad
(served on a bed of lettuce with
tomato, peppers and onion, and
potato or macaroni salad)

5.25

Grilled Boneless Chicken Breast

on a fresh garden salad or on a roll
w/french fries

4.65

Different Dinner Special Daily

(posted)

4.95

served with homemade soup or
tossed salad

5.25

SOUPS & SALADS

Homemade	
Soup of the Day cup 1.55 bowl 2.25	
Cream Soup	cup 1.75 bowl 2.45
Greek Salad (summer only)	4.65
Spinach Salad	3.95
Tossed Salad	1.95
Chef Salad	5.25
Homemade Salad	2.25

Add Soup to a Sandwich or Meal

Cup	\$1.00 extra
Bowl	\$1.75 extra